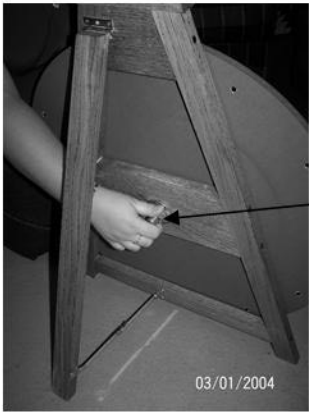


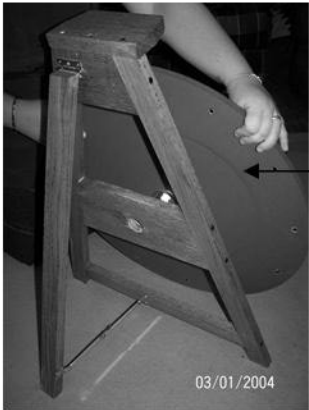
YOU MUST INSTALL BEARINGS BEFORE YOU SPIN!!!



Step 1

Remove the nut in the rear of the wheel

NOTE: the large washer is for shipping only DO NOT REINSTALL



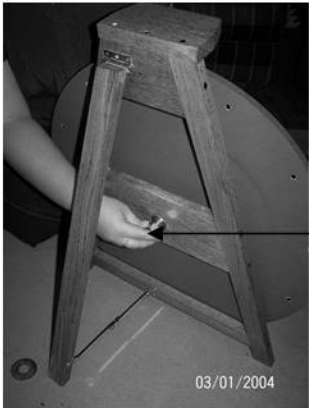
Step 2

Remove wheel from frame



Step 3

Insert one bearing from rear and one from front – *insert spacer under flange of rear bearing before installing (32" wheels only)*



Step 4

Replace wheel through bearings and tighten nut. You can adjust the speed and tension of the wheel by either tightening or loosening the nut with an appropriate tool.

NOTE: It may be necessary to use a wrench or pliers to tighten the nut on the back to create a balanced spin.